

AI in Medicine Comes of Age: Blossoming or Languishing?

Edward H. Shortliffe, MD, PhD

Professor of Biomedical Informatics
Arizona State University

Professor of Basic Medical Sciences and of Medicine
University of Arizona College of Medicine

Phoenix, AZ USA

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Historical Perspective

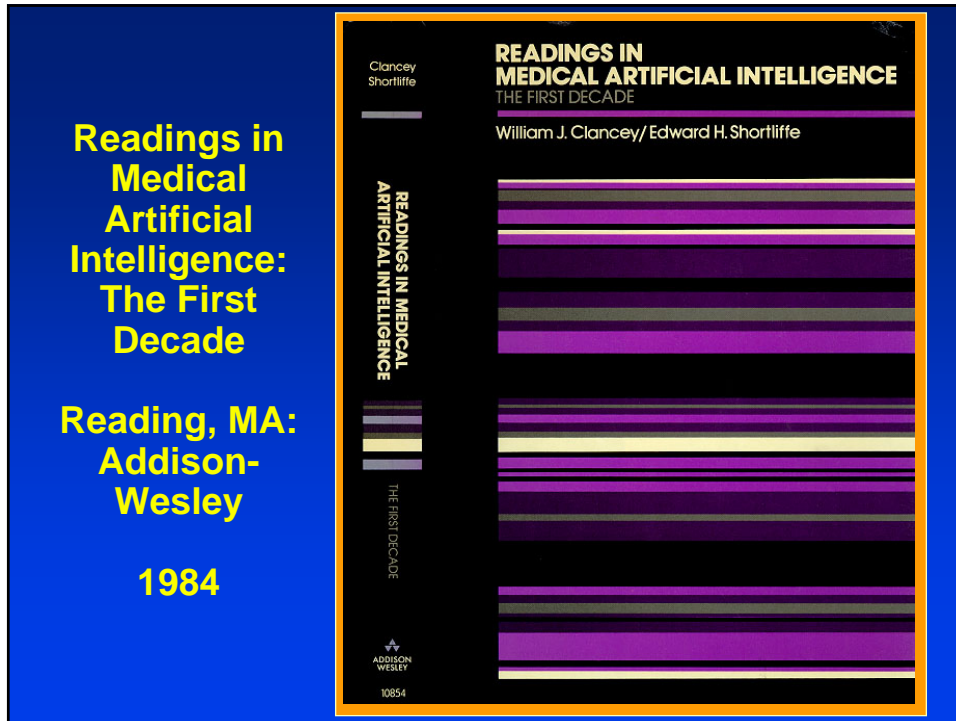
- Earliest broad recognition of statistical issues in diagnosis and the potential role of computers occurred in the late 1950s
 - “Reasoning foundations in medical diagnosis”: Classic article by Ledley and Lusted appeared in Science in 1959
- Computers began to be applied in biomedicine in the 1960s
 - Most applications dealt with clinical issues
- Bayesian diagnosis systems and statistical pattern recognition

1960's

- **By the late 1960s it became apparent that statistical approaches had limitations and bore little resemblance to the way in which expert clinicians solved difficult medical problems**
- **Early AI work in non-medical domains**
 - **Production rules (Newell and Simon)**
 - **General problem solving systems**
 - **Theory formation and early machine learning**
- **AI in organic chemistry**
 - **Dendral modeled the expertise of organic chemists who could interpret mass spectroscopy of unknown compounds**
 - **Production rules derived from N&S approach**

1970's

- **Applications of flowcharting, logical diagrams, and complex algorithms**
- **Decision-analysis programs**
- **Mathematical modeling**
- **Early clinical work on modeling expertise using AI methods**
 - **Internist-1: hypothesis-directed reasoning**
 - **MYCIN: goal-directed reasoning using rules**
 - **CASNET: causal association networks**



**Readings in
Medical
Artificial
Intelligence:
The First
Decade**

**Reading, MA:
Addison-
Wesley**

1984

Computer-Assisted Decision Support

Examples of functionalities

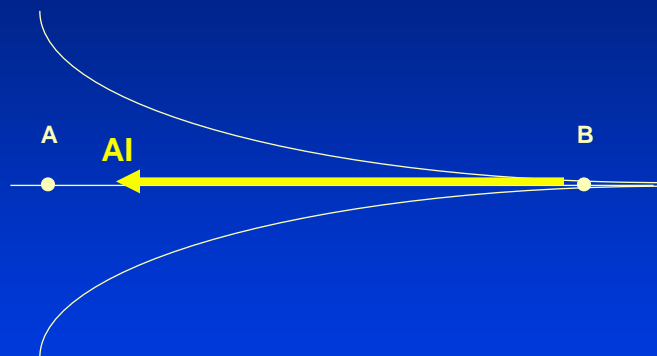
- **Generic information access tools (e.g., Medline)**
- **Patient-specific consultation systems**
 - **Diagnosis, workup, therapy or patient management**
 - **Critiques: reactions to users' impressions or plans**
- **Browsing tools that mix generic and patient-specific elements (e.g., "electronic textbooks of medicine")**
- **Monitoring tools that generate warnings or advice as needed (advice as a byproduct of patient care and data recording)**

Proactive Computer-Assisted Decision Support

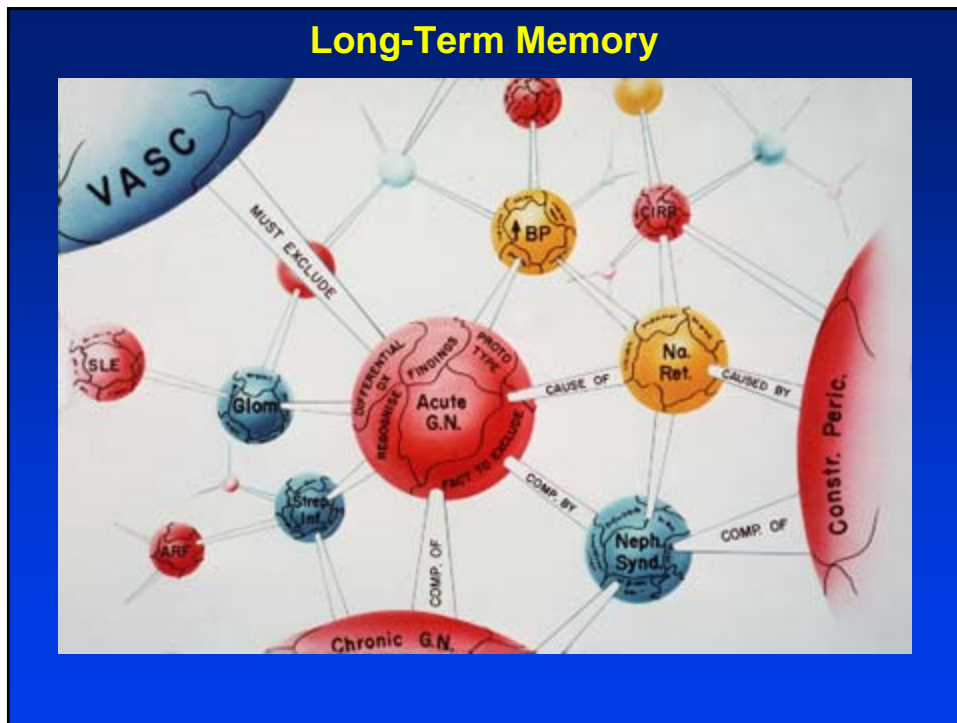
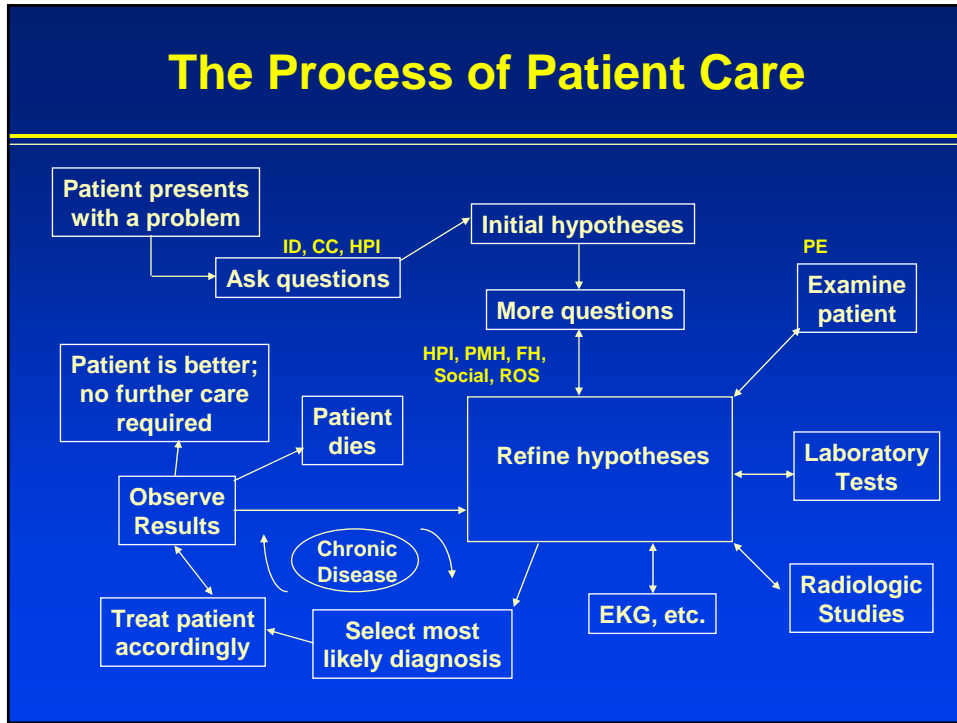
Examples of available methodologies:

- Protocols and algorithms (“clinical guidelines”)
- Clinical databanks
- Mathematical models (often physiologic)
- Statistical pattern recognition and neural networks
- Bayesian statistics and Bayesian networks
- Decision analysis
- Artificial intelligence (“expert systems”)
- Syntheses of various techniques

“Blois Funnel”



The cognitive span required during diagnosis



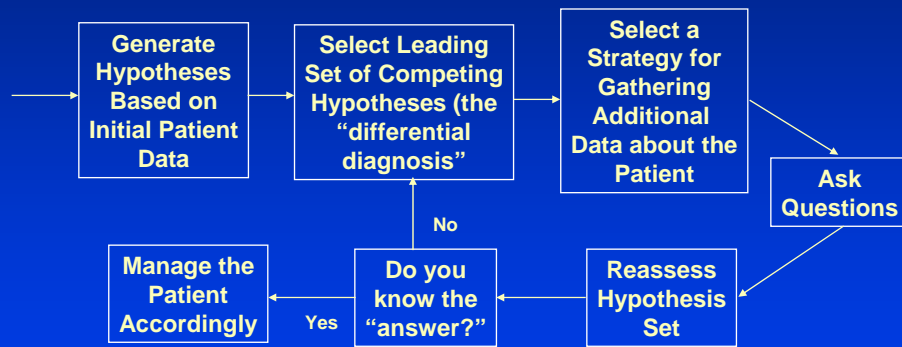
**Short-
Term
Memory**



**Hypothesis
Evocation**



The Hypothetico-Deductive Approach



Internist-1 / QMR

Task: Diagnosis in internal medicine and neurology

- **Scope:** The entire field!
- Began in early 1970s as collaboration between Dr. Jack Myers (physician) and Prof. Harry Pople (computer scientist) at University of Pittsburgh
- Dr. Randy Miller (physician) worked on project throughout the 1970s and became project leader in 1980s
- Internist-1 was mainframe (Lisp) version of program, used to develop methods and extensive clinical knowledge base
- QMR was PC version developed by Dr. Miller and collaborators during 1980s and made commercially available

Internist-1 → QMR



QMR
Quick Medical Reference[™]
*Diagnostic Decision Support
at the Point of Care*

QMR (Quick Medical Reference) is the powerful diagnostic decision support knowledge base designed for integration into your healthcare environment.

Developed to provide physicians with assistance in expanding and refining differential diagnoses, the QMR knowledge base includes a comprehensive list of over 700 disease profiles and the clinical manifestations reliably reported to be associated with them, including 5,000+ related symptoms, signs and labs.

With QMR you can:

- Formulate differentials
- View the most common findings for a particular disease
- Generate the best labs to order or questions to ask for ruling in or ruling out a diagnosis
- Generate case analyses
- And more...

QMR Toolkit[™] This new application programming interface (API) captures the power of the QMR knowledge base and eases integration into your electronic medical record (EMR) system. Windows[®], UNIX (Sun[®] Solaris[™]), and ActiveX[™] Server versions available.

QMR Net[™] An intranet solution that gives you the power of the QMR knowledge base with the potential and flexibility of an intranet. Perfect for a group practice, hospital setting or educational institution.

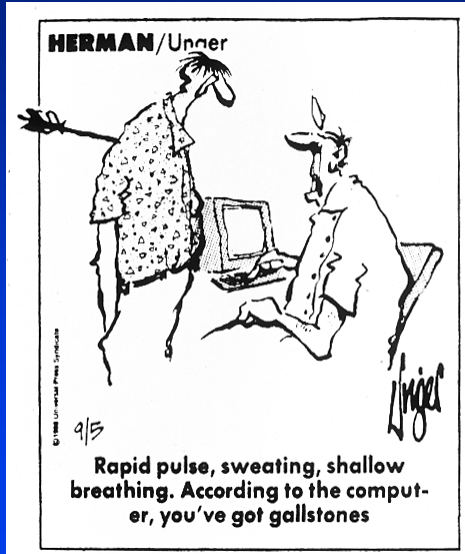
QMR for Windows Stand-alone software to help you make diagnostic decisions. Single user or network versions.

FIRSTDATABANK
Point-of-Care Knowledge Bases
www.firstdatabank.com
800-633-3453

Myths Regarding Decision-Support Systems

Myth:
**Diagnosis is the dominant
decision-making issue in
medicine**

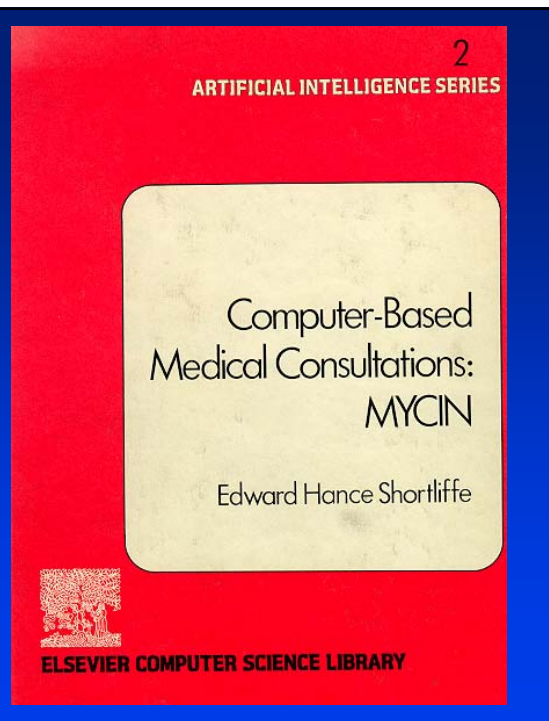
Limitations of Computer-Based Diagnosis: How Much Can The Computer Know?



Computer- Based Medical Consultations: MYCIN

New York:
American
Elsevier

1976



The Clinical Problem

A life-threatening staph* infection?

Culture results tomorrow.

Which antibiotic tonight?

Initial therapy.
Culture and susceptibility studies can easily eat up 24-48 hours. If you suspect penicillins (including streptococci) and must begin therapy before definitive culture results are known, infection is particularly resistant. Appropriate responses for antibiotic studies should be taken prior to the first dose of antibiotic to determine the causative organisms and their susceptibility to nafcillin.

Rapid penetration.
Appears rapidly in plasma following intravenous administration. Holds its body tissues at high concentration and diffuses well into pleural, pericardial and synovial fluids.

***On call* capability.**
Penicillins in less than 60 seconds. Remains stable for 24 hours!

*High capability against susceptible penicillin-producing organisms.
*See important facts on page after next.
*See important information under Penicillin Administration on page after next.

See important information
on page after next.

(sodium nafcillin)
as the monohydrate, Sulfamer, Wyeth

Evaluating Performance

- Need for a gold standard
 - What would the “correct” decision have been?
 - Lack of agreement among experts
 - Challenge of assessing patients without seeing them
- Reasonable time demands for evaluators
- Blinded study design
- Control for regional variability
- Define reasonable performance goals

The Ten Patients

Randomly selected cases of meningitis, screened only to insure that at least one bacterial, one viral, one fungal, and one tuberculosis case was included:

- Case 1: Viral
- Case 2: Viral
- Case 3: Group B Streptococcus
- Case 4: Neisseria Meningitidis
- Case 5: Staphylococcus Aureus
- Case 6: Listeria Monocytogenes
- Case 7: Streptococcus Pneumoniae
- Case 8: Listeria Monocytogenes
- Case 9: Mycobacterium Tuberculosis
- Case 10: Cryptococcus Neoformans

The Ten Prescribers

Ten prescribers reviewed the histories of the 10 patients with meningitis, and for each case they indicated their preferred therapy, based on the available information.

Prescribers 1-5: Infectious disease experts on the faculty at Stanford Medical School

Prescriber 6: A fellow in infectious diseases at Stanford

Prescribers 7 and 8: A medical resident and medical student on the Stanford infectious disease rotation

Prescriber 9: MYCIN

Prescriber 10: The actual therapy given by the ward team (often after infectious disease consultation)

The Eight Evaluators

Eight infectious disease experts from academic centers other than Stanford participated in the study. Each had published papers on meningitis diagnosis and treatment.

For each of the 10 cases, the evaluator was asked to indicate how the patient should be managed. Each evaluator was also asked to review the 10 therapies suggested by the prescribers and to classify each of the 10 as either acceptable or unacceptable treatment.

Summary

Eight evaluators rated each of the 10 therapies acceptable or unacceptable for each of the 10 patients → total of 100 judgments per evaluator

Ten prescribers were rated by 8 evaluators regarding their therapy for each of 10 patients → total of 80 judgments per prescriber

Thus, each prescriber could have as many as 80 “acceptable” ratings by the evaluators

Evaluation of Ten Prescribers by Eight Meningitis Experts (N=80)

<u>Prescriber</u>	<u>Score (Max=80)</u>	<u>Percent Acceptable</u>
MYCIN	55	69
Faculty-5	54	68
Fellow	53	66
Faculty-3	51	64
Faculty-2	49	61
Faculty-4	47	59
Actual Treatment	47	59
Faculty-1	45	56
Resident	39	49
Student	28	35

No. of Cases in Which Therapy Failed to Cover a Treatable Pathogen (N=10)

<u>Prescriber</u>	<u>Number</u>
MYCIN	0
Faculty-5	1
Fellow	1
Faculty-3	1
Faculty-2	0
Faculty-4	0
Actual Treatment	0
Faculty-1	0
Resident	1
Student	3

Evaluation of Each of Eight Experts By The Other Seven

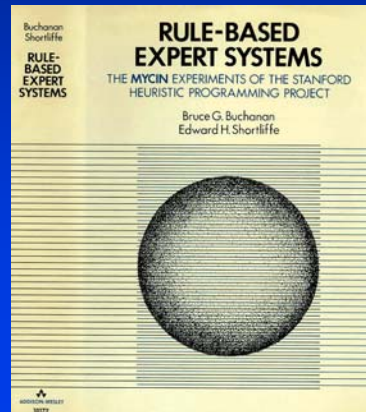
<u>Evaluator</u>	<u>Percent Acceptable</u>
8	81
1	76
5	74
3	71
6	69
4	62
2	57
7	56

Published Evaluation

Yu VL, et al. Antimicrobial selection by a computer - a blinded evaluation by infectious disease experts. *Journal of the American Medical Association* 242:1279-1282, 1979.

Buchanan BG, Shortliffe, EH.
Rule-Based Expert Systems:
The MYCIN Experiments of the
Stanford Heuristic
Programming Project.
Reading, MA: Addison-Wesley
1984

<http://www.u.arizona.edu/~shortlif>



Myths Regarding Decision-Support Systems

Myth:
Clinicians will use knowledge-based systems if the programs can be shown to function at the level of experts

Challenges in Biomedical Settings

Principal barriers lie less with the technology and more with socio-cultural factors that prevent effective implementation of what is already possible:

- Culture
- Integration (e.g., time-sharing vs networked systems that communicate and share data)
- Workflow
- Privacy
- Finance
- Evaluation / Verification
- Safety / Liability

1980's

- “Overselling” of artificial intelligence
- Resurgence of interest in Bayesian approaches
 - Belief networks and influence diagrams
- Neural networks
- Major changes due to new hardware and software technologies
 - Macs and PCs: viable delivery model
 - Graphical interfaces: rethinking the nature of user interactions with computers
 - Networking: new options for integrating advice systems with their environment
- “Greek oracle” model fell into disfavor

Myths Regarding Decision-Support Systems

Myth:
**Clinicians will use stand-
alone decision-support
tools**

AMIE 1991 - Maastricht

Artificial Intelligence in Medicine 5 (1993) 93–106
Elsevier

93

ARTMED 199

The adolescence of AI in Medicine: Will the field come of age in the '90s?*

Edward H. Shortliffe

*Section on Medical Informatics, Stanford University School of Medicine, 300 Pasteur Drive, Stanford, CA
94305, USA*

Received September 1992

Revised November 1992

* This paper is based on a keynote address presented by the author at the *Artificial Intelligence in Medicine - Europe (AIME)* meeting, Maastricht, The Netherlands, June 24- 27, 1991.

Key Points of “Adolescence” Article

- AIM is not a field that can be set off from the rest of biomedical informatics or the world of health planning and policy
- Impact is dependent on the development of integrated environments that allow merging of knowledge-based tools with other applications
- We need vision and resources from leaders who understand that medical practice is inherently an information-management task

Three Challenges Identified

- Need to develop national and international biomedical-networking infrastructures for communication, data exchange, and information retrieval
- Need for credible international standards for communications, data, and knowledge exchange
- Education: We need more professionals who are broadly educated regarding the interdisciplinary nature of biomedical informatics (including AIM)

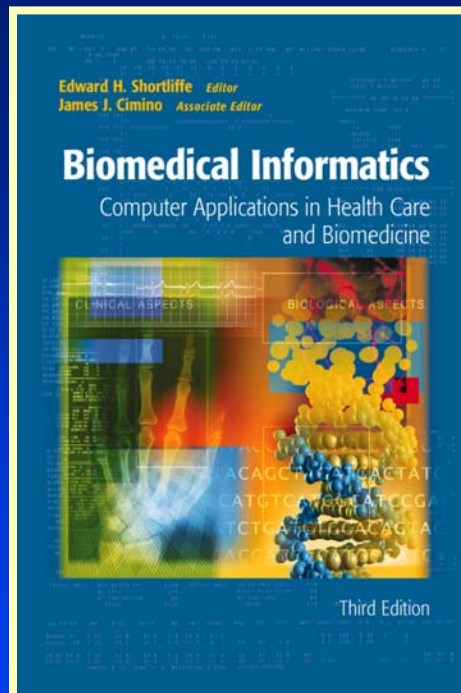
Biomedical Informatics Textbook

1st edition 1990
(Addison Wesley)

2nd edition
2000

3rd edition
2006

Springer New York



1990's

- **Integration and networking become central issues**
 - World Wide Web revolutionizes our thinking about distributed information access
- **Knowledge-representation research matures**
 - Ontology development and tools
 - Challenges of temporal representations and reasoning finally begin to yield to researchers
- **Integration of decision-support features with databases arrives in some commercial products**
- **Standards emerge as a major issue**
 - terminology, representation of decision logic, data models
 - crucial to promote sharing and collaboration

2000-2010

- **Integration of decision support with workflow continues to be viewed as a central requirement**
- **Patient safety and error reduction become major motivators**
- **We see increasing incorporation of decision-support functionalities in commercial products**
- **New issues arise regarding relationships between vendors and hospital IT staffs, especially in the incorporation of decision-support and knowledge-management tools that are supported by the institution's clinical staff**

Assessing the AIM Field

AIME 1991



- In what ways has the field advanced?
 - New topics/themes?
 - New methods?
 - Growth?
 - Recognition?
- In what ways, and to what extent, has the field had a direct influence on clinical medicine or other biomedical fields?
- How well is the field being supported?
 - Funding agencies?
 - Academic institutions?
 - Research organizations?
 - Colleagues?

Topics and Themes at AIME '07

- Clinical Data Mining
- Data and Knowledge Representation
- Computer-based Knowledge Generation
- Knowledge-Based Health Care
- Probabilistic and Bayesian Analysis
- Feature Selection / Reduction
- Visualization
- Classification and Filtering
- Information Retrieval
- Agent-Based Systems
- Temporal Data Mining
- Machine Learning
- Knowledge Discovery in Databases
- Text Processing
- Natural Language Processing
- Ontologies
- Decision Support Systems
- Image Processing
- Pattern Recognition
- Guidelines
- Workflow

Observations About AIM in 2007

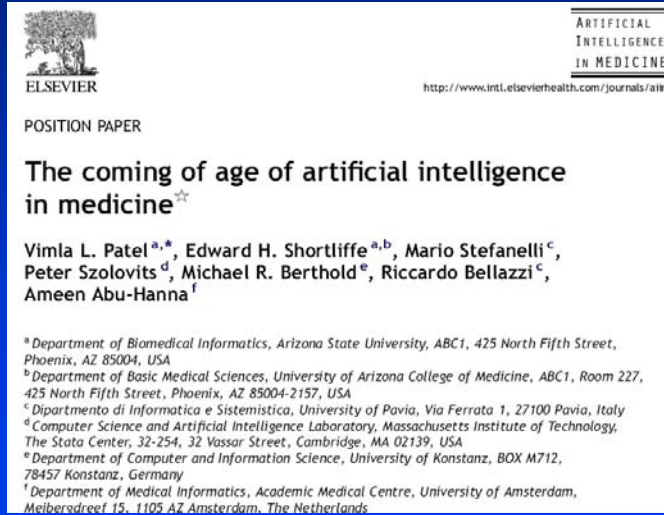
- AI issues are ubiquitous in biomedicine, but most people do not call what they are doing AI
- When someone refers to their commercial product as an “AI System”, it probably isn’t
- AI research has diffused throughout biomedical informatics, and AIME and the AIM Journal stand out as the principal remaining forces for defining and recognizing AI in Medicine as a subfield in biomedical informatics and computer science
- Increased emphasis on guidelines and their encoding has been at the expense of classical patient-specific decision support for diagnosis and therapy planning

Observations About AIM in 2007

- Tremendous progress in several areas: knowledge representation (and associated tools), machine learning / knowledge discovery, temporal representation and reasoning, and others
- Slow progress in adoption of key standards for integration and knowledge sharing (controlled terminologies, semantic structuring of terminologies, standards for representing clinical decision logic – e.g., Arden, Proforma, GLIF, and others)
- Academic CS has begun to embrace biomedical applications as valid areas of emphasis for CS faculty (especially in bioinformatics)

AMIE 2007 - Amsterdam

* This paper is based on a panel presented by the authors at the *Artificial Intelligence in Medicine - Europe (AIME)* meeting, Amsterdam, The Netherlands, June 11, 2007.



Conclusions: Decision Support

- Integration with routine workflow is the key
- Transparency helps to assure acceptance
- The Web is a great facilitator of integration
 - Does not avoid the need for standardized terminologies and data-sharing protocols
- Implementation of vendor-supplied clinical information systems can present new challenges when attempting to integrate locally-produced decision-support functionalities